



## ESSENTIALS

The foundation of a comfortable and convenient life. Attractive, open home plans to choose from and a full complement of services that allow you to pursue your passions.

- Spacious residence
- Housekeeping service
- Flat linen service
- Cable TV/Wi-Fi
- All utilities
- Home security\*
- Home maintenance
- Scheduled transportation
- 24 hour reception desk\*
- 24 hour emergency call system



## ENJOYMENT

The fun stuff. An almost endless assortment of activities and events that will keep you involved and delighted all through the week, season after season.

- Restaurant quality dining
- Calendar of social events
- Seasonal celebrations
- On-site entertainment
- Pool and spa\*
- Grounds & gardens
- Library and lounges
- Movies, sporting events
- The camaraderie of new friends and neighbors
- A youthful, engaging staff

\*Available at select communities



## ENRICHMENT

Learning, growing, and being inspired are what keep us young. Stimulating experiences and new discoveries are a big part of what makes SRG communities special.

- Seminars and classes
- Clubs and hobbies
- Cultural events
- Exhibitions & performances
- Reading materials
- Lifelong learning
- Discussion groups
- Writing workshops
- Creative endeavors



## EXUBERANCE

Vitality. Energy. Joie de vivre. Whatever you want to call it— it's all about cultivating a healthy and invigorating outlook. We're here to help in so many leading-edge ways.

- Recreational amenities
- Fitness rooms
- Personal trainer
- Yoga & stretching classes
- Nutritional guidance
- Meditation sessions
- Beauty salon/barber shop



## HEALTH

If and when you need medical assistance it's nice to know that it's available 24/7. Like you, we take your health seriously, so we are staffed, trained and equipped to respond to every occasion.

- On-site health services
- 24 hour on-call staff
- Wellness programs
- Longevity workshops
- Rehabilitation services
- Integrated healthcare